General Information

The purpose of the Professional Development Activity is for the Sport Studies Program major to provide evidence of professional growth and development during the internship or practicum experience. The PDA assignment addresses the Sport Studies Program Goal and five Sport Studies Program outcomes.

Requirements

The Sport Studies Intern should demonstrate appropriate professional growth and development within the sport-related field of the internship or practicum placement.

- The internship requires at least three (3) examples of professional growth and development
  - Submit after 100, 200, and 300 hours of internship placement
- The practicum requires at least two (2) examples of professional growth and development
  - Submit after 75 and 150 hours on practicum placement
- For each example, the intern completes a Professional Development Activity form

Examples of Professional Growth and Development Activities

Professional development activities vary widely based on the internship or practicum placement, and the interests of the intern. Below are a few examples of potential growth and development activities (the list is not meant to be all-inclusive … if you have an activity and wonder whether an activity meets the criteria, simply contact the college supervisor).

- Professional Conferences
- Coaching Clinics
- Interviews/Meetings with sport industry leaders
- Attendance at meetings in your organization
- Dealings with public as representative of site
- Dealings with local/regional/national media
- Newspaper articles or scholarly publications
- Assuming leadership roles in the organization
- Speaking to local youth groups/schools
- Other professional activities of intern choosing
- Workshops and training sessions
- Development of new skills
- There is no set correct or incorrect professional development evidence … simply provide a reasonable rationale for your professional development activities.

Submission

Please see the Professional Development Activity form for full instructions on submission.

Thanks!