Greetings

Welcome to the Spring 2010 Newsletter for the Sport Studies Program and the Physical Education Department at Reinhardt College.

Whether you are a current major, a prospective Sport Studies student, a program alumnus, or simply an interested reader we hope you find the newsletter informative and entertaining.

About SSP and PED

Established in 2001, the Sport Studies Program (SSP) was the first such undergraduate degree program among Georgia’s private colleges and universities.

Designed for students interested in the scholarly study of sport, or those seeking to pursue sport-related careers (or both), Sport Studies is an inter-disciplinary degree program. Majors complete the college’s general education curriculum, a Sport Studies core that requires substantial internship experience, and at least eighteen credits of non-Sport Studies courses from other academic disciplines. Our graduates earn a Bachelor of Science in Sport Studies.

The Physical Education Department (PED) has served Reinhardt for decades.

Formal physical activity on campus dates to the 1890s with mandatory military training for male students. Reinhardt students formed a football team in the 1920s, the school’s first gymnasium was built in 1931, intramurals were popular by the mid-1900s, and intercollegiate athletics arrived in 1982 with the construction of the James and Sis Brown Physical Education Building. Today, PED continues that tradition through health and activity offerings that meet general education requirements and fill fun/fitness/activity needs of all Reinhardt students.

If you are interested in studying sport, working in a sport-related career, or simply staying physically active … consider joining us as part of the Sport Studies Program and Physical Education Department!

Sport Studies Mission Statement

The mission of the Sport Studies Program is to develop graduates with a broad cultural perspective of sport, with practical skills suitable for employment in sport-related settings, and with ethical and moral characteristics suitable for assuming leadership roles in contemporary society.
Majors Get in the Game!

One of the unique and exciting aspects of the Sport Studies Program at Reinhardt is real-life experience. Our majors earn academic credit through completion of a 3-credit, 150 hour Practicum (PED 380) and a capstone 12-credit, 600 hour Internship (PED 480). Majors also typically visit at least three or four sport venues during their junior and senior years.

SSP majors have been active since last spring.

Internship and practicum placements have included local, regional, and even international experiences. Among them are:

- Cecil Pruett YMCA (Canton, Georgia)
- Etowah High School Basketball (Woodstock, Georgia)
- Georgia Southern University Campus Recreation (Statesboro, Georgia)
- Gwinnett Braves Baseball Club (Lawrenceville, Georgia)
- Lakeside Church and Recreation (Perth, Australia)
- Mizuno Sports USA (Norcross, Georgia)
- Reinhardt College Campus Intramurals (Waleska, Georgia)
- Reinhardt College Men’s Basketball Team (Waleska, Georgia)
- Southwinds Church and Recreation (Calgary, Canada)
- Walton High School Football Program (Marietta, Georgia)
- Young Harris College Athletic Department (Young Harris, Georgia)

Congratulations … to all SSP majors who made the commitment to pursue and land these valuable academic and work experiences.

Through such efforts, Sport Studies majors not only learn a great deal, but also promote Reinhardt College through positive contributions to the host sport agencies. Well done!

At Left: SSP majors Kordel Alexander and Quinton Spivey relax in the big Coca-Cola chair at Turner Field during a class visit.
Alumni News

Heath Hooper (09) completed an internship with Young Harris College Athletics during summer 2009. A significant part of his responsibilities was assisting the college in its move to NCAA Division II status. Heath also worked as an assistant men’s basketball coach at Reinhardt for the 2009-10 season, and started graduate school in Sport Administration at Georgia State University in January 2010.

Drew McDaniel (09) completed an internship with Mizuno Sports USA at their corporate headquarters in Norcross last spring. He was hired by the sporting goods company in August and currently works in consumer support overseeing the “Shopatron” online ordering system, while specializing in baseball and softball products.

Joe Mullins (03), who earned a masters degree in Sport Management from the University of Tennessee after graduating from Reinhardt, is a physical education teacher, head wrestling coach, and assistant football coach at Pickens High in Jasper, Georgia.

T.J. Rosene (PED 01), men’s basketball coach at Emmanuel College in Franklin Springs, Georgia, was named coach of the year by the National Christian College Athletic Association after leading his squad to the 2009 National Championship. T.J., formerly a head coach of the men’s and women’s programs at Reinhardt, was one of the first two graduates of the program at Reinhardt.

Jennifer Merges (PETE 07) is a special education teacher at Mill Creek Middle School in Woodstock, Georgia. Her husband Dr. Mark Merges, principal at Dawson County Middle School, is a valued adjunct for the PED.

Mandy Anderson (PETE 07) is a physical education teacher at Arnold Mill Elementary School in Woodstock, Georgia. Mandy completed her third season as assistant coach with the Reinhardt women’s basketball team.

Faculty News

Ron Akers continued his service as Northwest Georgia representative for the Georgia Association of Health, Physical Education, Recreation, and Dance. Dr. Akers presented at several conferences, including the well-known Share the Wealth conference on Jekyll Island. Ron also hosted a workshop for Physical Education teachers in the region, a valuable community outreach program.

Bob Epling was one of a national group of Kinesiology department chairs that developed a set of four common core curriculum categories for Kinesiology and sport related degree programs. He was interviewed and quoted in an Atlanta Journal-Constitution article on Florida quarterback Tim Tebow (Oct 09), and in an American Kinesiology Association newsletter discussing the impact of the economic crunch on kinesiology departments (May 09). Epling wrote the SEC football preview for The Kickoff annual yearbook, and authored “College Football’s Greatest Player?” published in the College Football Historian.
Scholarly study combined with practical experience … the Sport Studies Program at Reinhardt

FIRST PERSON:  
PAUL WIESBOECK

Note: Paul Wiesboeck is a senior Sport Studies major. He reflected on his experiences with the program in this first person account.

The Sport Studies Program has been a great way to prepare me for a career in the sport industry. The courses we take provide a foundation for our practicum and internship work experiences. Those courses allowed me to recognize the importance of sport in our society, and to understand how different values, morals, and philosophies influence the industry.

The practicum and internship were priceless.

I completed my 150-hour practicum with the Cherokee Impact Soccer Club and the DPS (Dribble-Pass-Shoot) Soccer Academy. With Cherokee Impact, I helped coach a Middle School girls team where I was able to develop leadership and organizational skills, and improve my ability to instruct players in technical and tactical skills. I also worked a summer camp for Cherokee Impact for 6 and 7 year olds, another opportunity to improve my teaching skills while also learning to make the game fun for younger kids.

At the DPS Academy, I worked with children from ages 5-13. I developed a great sense for how to manage different age groups, while improving my coaching technique and philosophy (improvements that would later help me pass the National “D” Coaching course – which I completed during my internship).

I am currently finishing my 600-hour internship at the Canton/Cherokee YMCA, and helping to manage their indoor and outdoor soccer programs. I assist in supervising both indoor and outdoor soccer practices and games, as well as register players, put them on teams, and help maintain the facilities to create a safe environment. For the spring soccer season, I am helping out with several teams and clinics, and acting as a resource for league coaches.

Sport Studies Program Outcomes

Students graduating with a degree in Sport Studies should be able to:

1. communicate effectively in a sport agency and in academic courses as evidenced by written, spoken, and visual examples.

2. exhibit personal integrity and leadership skills as evidenced by documented experiences in academic courses and sport agency settings.

3. recognize moral and ethical issues associated with sport (from contemporary and historical perspectives).

4. analyze social, cultural, and historical factors influencing the development of sport agencies and the decision-making processes for sport managers in those agencies.

5. work collaboratively and in leadership roles in a sport-related professional career setting.

Sport Studies Quiz Answer

Sixty years ago this month, the City College of New York (CCNY) won the NIT and NCAA tournaments, the only squad to accomplish the feat. The runner-up both times was Bradley University.

CCNY’s fame would be short-lived as the school was one of many to get caught up in gambling scandals in the early 1950s … opening the way for professional basketball and the NBA to gain popularity.

Questions about the program or interested in becoming a Sport Studies major? … Feel free to get in touch with Paul or any of the majors listed in the newsletter … or Contact Dr. Epling (rte@reinhardt.edu) (770-720-5615)
**MAJOR(S) FUN**

As a Sport Studies major, you can count on having fun in and out of the classroom … Pictures described clockwise starting top right … #1: Majors Ryan Achin, Justin Slead, and Ricky Johnson enjoy a visit to the Canton YMCA. #2: Wes Jones earned All-Academic honors in men’s basketball from the Appalachian Athletic Conference. #3: Kenny Cook and Fabiola Toussaint at Turner Field. #4 and #5: Cali Lovett (in middle) and Bailey Arnaud (bottom left) have helped the Reinhardt softball squad to the best start in school history in 2010. #6: Kinsey Galyon (L), Kelsey Galyon (M), and Dallas Smith (R) on the field at the Georgia Dome. #7: Men’s basketball coach Jeffrey Pourchier won the 3rd Annual Sport Studies March Madness contest. # 9 (in middle): Kordel Alexander earned 3rd-Team All-Appalachian Conference honors for the men’s basketball team.

Coach Pourchier (left) … SSP March Madness Defending Champ!

Kinsey Galyon (far left) earned 1st-Team All-Appalachian Conference honors and All-Academic honors in women’s BB.
@SSP MAJORS! Getting to Know the Majors Twitter Style:

Shannon Wingate
Hometown: Athens, GA
Academic Class: Soph
What’s on Your I-Pod: Hip Hop; R&B; Rock
Fav Song or Artist: Kid Cudi and Lupe Fiasco
Fav Team or Athlete: Kobe Bryant and Lakers!
Fav Flick: The Blind Side

Andrea Thibaudeau
Hometown: Cartersville, GA
Academic Class: Soph
Fav Flick: Stick It
Why Reinhardt: Love the campus and environment
Fav Spring Break Spot: Vegas; PCB
Fav Athlete: Jessica Mendoza (softball)

Channing Hoyt
Hometown: Davenport, IA
Academic Class: Soph
Fav Meal: Spaghetti
Fav Athlete: Steve Prefontaine
Fav Artist: O.A.R.
Dream Date: Marisa Miller

Wesley Cannon
Hometown: Franklin, GA
Academic Class: Frosh
Fav Artist: Garth Brooks
Fav Team: Kentucky Basketball
Fav Flick: The Blind Side
Why Reinhardt? To Play Baseball

Ryan Achin
Hometown: Canton, GA
Fav Flick: Braveheart
Why Reinhardt? Soccer Scholarship
Fav Vacation: Any place to deep-sea fish
Fav Artist: George Strait
Fav Athlete: Chipper Jones

Jack Coulton
Hometown: Coventry (UK)
Fav Flick: Green Street Hooligans
Fav Song: Mr. Brightside
Fav Class: English
Fav Team: Arsenal

How large is the Sport Industry in the U.S.?
Experts estimate it to be a $400 billion a year industry, making it one of the ten largest industries in the U.S. Want to be a part of it?

Steven Taylor
Hometown: Marietta, GA
What’s on Your I-Pod: Rap/Country
Fav Artist: Brantley Gilbert
Fav Athlete: Greg Maddux
Fav Restaurant: La Parilla
Fav Flick: The Departed

Jeremy Roberts and Ryan McDowell
Turner Field
Scholarly study combined with practical experience ... the Sport Studies Program at Reinhardt

Sport Studies Majors Abroad!

It takes a little time, but friends and faculty members soon learn to tell the Galyon twins apart. Kinsey and Kelsey, junior Sport Studies majors from Knoxville, Tennessee, share many similarities, but each is distinct and independent too. That independence showed last summer when the girls were a half-world away from one another.

Kelsey (below right) completed a mission and practicum experience with Lakeside Church and Recreation Centre in Perth, a city of nearly two million people in Western Australia. Kinsey (below left) spent those summer months with Southwinds Church and Recreation in Calgary, Alberta, Canada. Both represented the Sport Studies program exceptionally well ... and nobody mistook one for the other the entire time!

Back here on campus, academics continue to form one unmistakable common bond between the two. The twins were inducted into the Alpha Chi Honor Society in February 2010. Congratulations Kelsey and Kinsey.

Kinsey Galyon

"Kinsey handled herself very well with the children she coached and the adult volunteers she helped coordinate. I would recommend Kinsey for just about any job to do with sports. She has a passion for teaching others and helping. It was great to have Kinsey here and you should be proud to have her as a Reinhardt College Sport Studies student."

Bo Neal
Southwinds Church and Recreation
Calgary, Alberta, Canada

Which is which? Dr. Epling could tell the twins apart almost from the first day of class. How? (they wear their watches on different wrists). He proudly no longer needs to cheat.

Kelsey Galyon

"Kelsey did an excellent job. We have had other students doing a similar placement and their performance was nowhere near what Kelsey achieved. She was involved in coaching basketball, playing/training, teaching classes in school, running activities, supervising young people - in all these areas she was excellent."

Kevin Black
Lakeside Church and Recreation Centre
Perth, Western Australia
The Reinhardt Physical Education Department (PED) continues to provide a range of physical activity offerings in fitness, outdoor recreation, sport skills, dance, and self-defense.

One of the goals of PED is to help students learn to move skillfully.

Skillful movers of all ages tend to become and stay more active (see sidebar for significance of staying physically active).

As Georgia and other states grapple with a challenging economic environment, budget concerns become increasingly significant at public and private educational institutions.

Physical Education is one academic area always under threat – even during good times.

With obesity and diabetes rates at near epidemic levels in the U.S., the failure of state legislatures and school administrators (and even faculty) to recognize the value of physical activity is startling. (Check out the box below to see the minimal Physical Education requirements for Georgia K-12 schools).

Estimates are that more than a quarter of American adults are obese, and that a full two-thirds are overweight. Among children, the obesity rates run about 20% (and obese children are much more likely to become obese adults). Simply lowering those figures slightly would save untold dollars in health care costs.

At Reinhardt, more than 90% of our students graduate Georgia K-12 schools completing the requirements you see below … meaning many students come to us having had no health or physical activity classes in nearly four years!

REGISTER FOR YOUR ACTIVITY COURSE THE WEEK OF MARCH 29th!

Benefits of Regular, Moderate Physical Activity

- Reduced risk for Heart Disease
- Reduced risk for Diabetes
- Less risk for high blood pressure
- Reduces high blood pressure
- Reduced risk for colon cancer
- Alleviates depression and anxiety
- Enhances self-image
- Promotes psychological well-being
- Builds bones, muscles, and joints
- Helps maintain body strength
- Helps maintain mobility

What is Regular, Moderate Physical Activity?

- Activity on most days of the week
- Activity sufficient to burn 150 cals per episode or 1000 cals per week

State of Georgia Physical Education Requirements Grades K-12

Grades K-5: 60 Clock Hours Per Year
- 40 Minute Class
- Twice a week

Grades 6-8: No Requirement
- Students do not have to complete a PE Course to move on to 9th grade

Grades 9-12: 1 Health/1 PE
- 1 Health course
- 1 Fitness course
- Most complete as 9th graders
- No activity skill courses

Reinhardt PED Activity Courses Fall 2010

PED 105: Basketball (MW 12:00) (Session II)
PED 109: Golf (MW 10:00) (Session I)
PED 109: Golf (T/TH 9:30) (Session I)
PED 114: Camping (MW 11:00) (Session I)
PED 117: Tennis (MW 1:00) (Session I)
PED 117: Tennis (T/TH 11:00) (Session I)
PED 118: Karate (MW 4:30) (Session II)
PED 119: Volleyball (MW 1:00) (Session II)
PED 121: Walk/Jog (MW 12:00) (Session I)
PED 123: Weight Train (MW 10:00) (Session II)
PED 127: Social Dance (T/TH 11:00) (Session II)

Register for Your Activity Course Starting March 29th!!!
Sport Studies Program Newsletter
Page 9
Spring 2010

Scholarly study combined with practical experience ... the Sport Studies Program at Reinhardt

Join the Fun – Become a Sport Studies Major

Contact Us

Sport Studies Program
c/o Dr. Bob Epling
Reinhardt College
Waleska, GA 30183-2981
College: 770-720-5600
Department: 770-720-5615
Fax: 770-720-5602

Dr. Bob Epling
770-720-5615
rte@reinhardt.edu

Dr. Ron Akers
770-720-5946
rta@reinhardt.edu

Price School of Education
770-720-9136

Dr. Jim Curry
Dean
Price School of Education
770-720-9136
jlc1@reinhardt.edu

On the Web

Visit Us At:
www.reinhardt.edu

Click on “Majors” or follow Price School of Education Links to Sport Studies.

Sport Studies Course Offerings
Summer and Fall 2010

Summer 2010

PED 200: Adult Fitness and Wellness (M 6:00 PM) (Session II)
PED 230: Health and Activity for Teachers (TH 6:00 PM) (Session II)
PED 298: Baseball and American Culture (T 6:00 PM) (Session II)
PED 380: Sport Studies Practicum (Field Placement) (Session II)
PED 480: Sport Studies Internship (Field Placement) (Session II)

Fall 2010

PED 200: Adult Fitness and Wellness (T 6:00 PM) (Session I)
PED 220: Skillful Movement Fitness (MW 11:00)
PED 230: Health and Activity for Teachers (T 6:00 PM) (Session II)
PED 298: Athletics and Media Relations (MW 12:00-1:15)
PED 340: Coaching Principles (T/TH 12:30-1:45)
PED 350: Sport Administration (T/TH 9:30-10:45)
PED 380: Sport Studies Practicum (Field Placement)
PED 430: Exercise Physiology (T/TH 11:00-12:15)
PED 480: Sport Studies Internship (Field Placement)

Contributors

The Fall 2009 Sport Administration class contributed to this newsletter. Thanks to:

Ryan Achin, Kordel Alexander, Kelsey Galyon, Kinsey Galyon, Ricky Johnson, David Poole, Justin Slead, Dallas Smith, and Quinton Spivey

SSP Majors at the Dome:

David Poole
Ricky Johnson
Justin Slead