



## Revised COVID-19 Protocols for 2021-22 (1/14/2022)

### Expectations

With significant progress in our country's effort to provide COVID-19 vaccinations and new Centers for Disease Control and Prevention (CDC) guidelines, Reinhardt University is modifying its COVID-19 policies. Even with the good progress, the University will continue to educate and remind students, faculty, and staff of their responsibility to practice all of the behaviors known to reduce the spread of COVID-19 and continue encouraging members of the University Community to be vaccinated against the disease. Those who are completely immunized should feel comfortable coming to campus. For those who are not, we will keep protocols in place that will keep you as safe as possible on campus.

### Vaccination Protocol

As part of Reinhardt University's commitment to maintaining a safe and healthy environment, all other members of the Reinhardt community are strongly encouraged to receive a COVID-19 vaccine and after six months receive a vaccination booster. We also encourage you to consult with your primary care physician about the benefits and risks of vaccination. Individuals who have previously tested positive are still encouraged to be vaccinated unless they are currently ill.

All major health organizations agree that vaccinations are the way to defeat this (or any) pandemic and offer the surest path back to normal. Vaccination is a critical component to protect the University community and help end the pandemic. Benefits of being fully vaccinated with COVID-19 immunization include:

- Increased immunity against the COVID-19 virus.
- Exemption from quarantine after known exposure to COVID-19 *if without symptoms*.
- The ability to gather unmasked in closed-door spaces with other fully vaccinated people following capacity guidelines.

It is strongly recommended that students coming to campus for Spring 2022 complete the full COVID-19 vaccination series at least 2 weeks before coming to campus. We will follow the CDC's guideline that states, in general, an individual is fully vaccinated two weeks after receiving the second dose of the Pfizer or Moderna vaccines or two weeks after the single dose of the Johnson & Johnson vaccine. Any students needing assistance to be vaccinated should contact the Student Health Center for support at (770) 720-5542 or [studenthealthcenter@reinhardt.edu](mailto:studenthealthcenter@reinhardt.edu).

For those students who will not be vaccinated for medical, religious or other personal reasons, the University's Student Health Center will require information on a student's vaccination status on a case-by-case basis to ensure their safety on campus either in the residence halls, athletics activities, classroom or workplace.

**Please Note:** Certain educational programs and other activities might require students to be fully vaccinated to participate in their program/activity based on partnership agreements or health concerns. Please see your school dean and/or program coordinator regarding specific requirements.

### **Vaccination Status Protocol**

The University's commitment to the health and safety of its community is strengthened with vaccination. Vaccination remains the most effective way to bring this pandemic to an end and prevent a resurgence in local and campus communities.

**Students** – While the COVID-19 vaccine is not required to be on Reinhardt's campus, all students are strongly encouraged to receive this immunization. As part of the Flight Ready process, all students will be asked to provide evidence of their vaccination status or provide a waiver form to the University. This information, in whole, will inform the Student Health Center to what degree Reinhardt's student body is vaccinated, which indicates the degree to which we may need to respond to COVID-19 health issues on campus. For individuals, this medical information will only be used (1) to create generalized data reporting on how many students on campus are vaccinated and (2) by the Campus Nurse or other need-to-know University officials in the event a student needs medical attention.

Reinhardt's confidential process for declaring vaccine status will be through Student Health Center's [Medicat](#) platform. There are two ways to complete the vaccine status requirement

- (1) Proof of Vaccination or
- (2) Vaccination Exemption [medical, religious or other personal reasons].

You may log into [Medicat](#) using your Reinhardt credentials.

### **Face Covering/Mask Protocol**

All faculty, staff and students are **required to wear masks, regardless of vaccination status, in all indoor public and common spaces on campus** and are strongly encouraged to do so outdoors when in groups. To be clear, everyone should wear masks in classrooms, labs, studios, meetings and events as well as public hallways, lobbies, and public restrooms in all administrative, academic, dining, and recreational facilities.

- Moreover, any employee who is not fully vaccinated must wear a face covering when indoors or when occupying a vehicle with another person for work purposes.
- Any Reinhardt faculty, coach or office director may require face coverings at official University events, gatherings or in offices. Signs will be posted.
- All members of campus should be prepared to wear a mask at any time.
- Residential students will not be asked to wear a face mask when inside their residence hall room or when alone in an enclosed study room. Students who reside in suite-style rooms or apartments are encouraged to work together to determine the use of face coverings in their shared spaces. Masks should be worn in residence hall lobbies, common areas and hallways in addition to maintaining social distancing when possible.
- Students are required to wear masks at all times during indoor sponsored events and activities, even if students can maintain appropriate social distance from another. Students are not required to wear cloth masks during outdoor sponsored events and

activities where social distancing requirements are met. If social distancing is not possible, students are required to wear masks during these outdoor events and activities.

- Staff and faculty members have the authority to respond:
  - If a student arrives without a mask, the staff or faculty member may require the student to retrieve one before reentering the event or activity.
  - If a student refuses to wear a mask, the staff or faculty member may ask the student to leave the event or activity.
  - If a student expresses continued defiance or belligerence about wearing a mask and remaining in the event or activity, the staff or faculty member should defuse the situation as necessary. The staff or faculty member should report the incident to the dean of students.
    - The policy infraction is addressed through the Code of Conduct policies, procedures, and appeals.
    - If the staff or faculty member believes the situation is unsafe, the staff or faculty member should call Public Safety for assistance.
  - If the student continues to refuse to honor others by wearing a cloth mask in areas where it is required, the provost and/or dean of students has the authority to remove the student from residence facility and/or dismiss the student from the University.
- Guests at sporting, cultural or arts events are strongly encouraged to wear a mask or face covering to protect our students, faculty and staff.
- No mask is required when outdoors or while eating.
- Anyone can elect to wear a mask or face covering at any time.
- Reasonable accommodations may be made for those who are unable to wear a mask or face covering for documented health reasons. This documentation should be provided the Student Health Center by way of uploading to Mediat.
- There are often compelling reasons for individual faculty and staff to maintain an extra measure of protection. It is vital that other members of the Reinhardt community (students and employees) comply with these requests.
- We know that there are individuals at Reinhardt with greater health risks and COVID concerns. We encourage these individuals to wear masks as appropriate. Individuals who are not vaccinated should continue to wear masks because they are most at risk of being infected.
- See [CDC Guidelines regarding masks](#).

### **Events and Social Distancing Protocol**

Reinhardt University's Events and Social Gathering Protocol is based on a goal to mitigate the spread of COVID-19 on campus and protect the health and safety of our community. Fully vaccinated individuals (2-weeks after receiving the second dose of the Pfizer or Moderna vaccines or two weeks after the single dose of the Johnson & Johnson vaccine) can resume campus activities without physically distancing. Unvaccinated individuals are strongly encouraged to continue socially distancing themselves from others when possible. All on or off-campus events and social gatherings involving and/or sponsored by the University must comply with public health orders in place at that time (federal, state, county, city) as well as in compliance with CDC, State of Georgia and University guidelines.

### **Residence Halls Visitation Protocol**

Residence halls will operate within the regular visitation policy. Guests may visit other residence halls and rooms within a residence hall during established visitation hours. Masks should be worn in residence hall lobbies, common areas and hallways in addition to maintaining social distancing when possible.

### **Academic Classroom Protocol**

Face coverings/masks are required to be worn in all offices, classrooms, laboratories, studios and performing arts settings as an element of classroom management and policy.

### **Exposure, Quarantine, Isolation Protocol**

Reinhardt University will continue to administer COVID-19 testing, follow quarantine/isolation procedures and conduct contact tracing. If a member of the University (faculty, staff or student) is exposed, develops COVID-19-like symptoms regardless of vaccination status or tests positive for COVID-19, they are to contact the Campus Nurse within the Student Health Center immediately at (770) 720-5542 or [studenthealthcenter@reinhardt.edu](mailto:studenthealthcenter@reinhardt.edu).

- **Exposure to COVID-19** – A person who is found to be in direct contact with a laboratory tested positive person or who has pending test results will be placed in quarantine on campus or at their permanent residence.
  - Note: Students, faculty, and staff who have been in close contact with someone who has COVID-19 are not required to quarantine if they have been fully vaccinated against the disease and show no symptoms.
- **COVID-19 Positive** – A laboratory tested positive person for COVID-19 will be placed in isolation on campus in Smith-Johnston Hall or at their permanent residence.

### **COVID-19 Testing Protocol**

COVID-19 Testing is available on campus for students, faculty and staff through the Student Health Center and the Athletic Training Office. Reinhardt University has partnered with Priority Laboratories (PL) to provide on-campus COVID-19/SARS 2 testing. This program will utilize Polymerase Chain Reaction (PCR) testing to provide precise results. It is viewed as the preferred testing method for infection disease programs. To schedule a test please contact the Student Health Center or the Athletic Training Office.

### **Student Life Protocol**

Reinhardt expects to resume traditional student life activities. Mitigation practices as recommended by the CDC and Georgia Department of Public Health should be practiced and observed during these activities.

### **Athletics Protocol**

Reinhardt University Athletics will follow University and athletic conference guidelines (NAIA) for Covid-19.

### **Failure to Adhere to Protocols**

Any individual who fails to report symptoms or a positive test result, fails to abide by all isolation or self-quarantine instructions, intentionally misrepresents one's vaccination or recent

positivity status, fails to wear a mask when required to do so or otherwise violates these protocols is subject to discipline. Employees who violate protocols will be subject to the progressive discipline procedures published in the Employee Handbook. Students who violate protocols will be charged with violations of the Code of Conduct published in the Guide to Student Life. Discipline may range from a verbal warning to discharge or dismissal, depending on the severity of the violation.

**Policy and Protocol Updates and Changes**

All guidance and protocols listed here are subject to change based on recommendations from the CDC and Georgia Department of Public Health.

## **COVID-19 Quarantine and Isolation Protocols**

Based on guidance from local, state and federal public health officials, the following are protocols Reinhardt University will follow in the event an exposure or infection of COVID-19 takes place on campus. This plan is subject to change without notice as health guidelines evolve and change.

### **Reporting COVID-19 Symptoms**

Any employee or student who exhibits symptoms of COVID-19 or who has received a positive COVID-19 test result must immediately report this information to the Student Health Center (SHC) by sending an email to [studenthealthcenter@reinhardt.edu](mailto:studenthealthcenter@reinhardt.edu). If a student feels sick but does not appear to exhibit COVID-19 symptoms, that person should call the Student Health Center. The SHC staff will screen the individual reporting symptoms to determine whether the situation necessitates putting the individual in quarantine or isolation.

An employee or student who is required to quarantine/isolate must remain away from campus for 5 days. If you have no symptoms or your symptoms are resolved after 5 days, you can return to campus. Continue to wear a mask around others for 5 additional days.

Any individual required to quarantine/isolate away from campus is prohibited from returning to campus until explicitly permitted to do so by a SHC staff member. A residential student required to quarantine/isolate must leave campus unless provided an exception by a SHC member due to extenuating circumstances.

### **Self-Monitoring**

Self-monitoring is required when an individual has been exposed to someone through close contact who is presumed or confirmed to have COVID-19 to account for any COVID-19 symptoms due to that exposure or when in quarantine to monitor for severe symptoms that may require urgent care. Those asked to self-monitor should monitor themselves for fever by taking their temperatures twice a day and remain alert for cough or difficulty breathing. Anyone on self-monitoring will be provided a plan for whom to contact if they develop fever, cough or difficulty breathing during the self-monitoring period to determine whether a medical evaluation is needed.

### **Quarantine or Isolation**

Quarantine is required when an individual might have been exposed to the virus. Isolation is required when an individual has been infected with the virus, even if they do not have symptoms.

### **Employees in Quarantine/Isolation**

An employee in quarantine/isolation may telecommute provided the employee's health allows and as the employee's work duties permit. A faculty member may temporarily convert classes to a distance learning format while in isolation. A staff member who cannot telecommute must take leave for any time spent in isolation. Telecommuting and leave must be coordinated with the employee's supervisor.

### **Students in Quarantine/Isolation**

If a student is required to quarantine/isolate, the Office of Student Affairs will communicate with the student's instructors to confirm that all class absences are administratively excused during the period of isolation. The student must contact all instructors, health permitting, to determine whether reasonable temporary accommodations may be arranged so that the student does not fall behind in coursework. Such accommodations may include, but are not limited to, lecture capture videos, alternative assignments, a designated peer note-taker, videoconference meetings and revised due dates. The student's academic advisor and the Academic Support Office (ASO) staff may also provide support and guidance on how best to keep up with studies during quarantine/isolation.

### **Clearance from Isolation or Quarantine**

The staff of the Student Health Center will make the determination of when to clear students, faculty and staff from Isolation or Quarantine. To be clear, individuals under quarantine or isolation must receive clearance from the Student Health Center before returning to campus and resuming regular activities and duties.

- CDC guidelines for each infectious disease will be used to determine when the individual is no longer considered contagious.
- Students may be cleared from quarantine or isolation once they complete their quarantine/isolation period and have no more signs and symptoms of infection without the use of medication.

### **Close Contact Exposure**

University Community members (students, faculty and staff) should quarantine if they have been in [close contact with someone who is presumed or confirmed to have COVID-19](#), unless you have been [fully vaccinated](#). Close contact exposure occurs when an individual has spent at least 15 minutes in a 24-hour period indoors and within 6 feet of another individual who is presumed or confirmed to have COVID-19 without wearing masks.

### **Fully Vaccinated and Boosted Individuals – Close Contact Exposure**

An individual who has had close contact exposure but is fully vaccinated and received their booster shot (or completed the primary series of Pfizer or Moderna vaccine within the last 6 months or completed the primary series of J&J vaccine within the last 2 months) is not required to self-quarantine. However, such an individual is required to wear a mask whenever indoors while in indoor public spaces and less than 6 feet from others for 10 days following exposure and test on day 5, if possible. Such an individual is to be tested 5 days after exposure. If an individual develops symptoms, they should get a test and quarantine. Any symptoms or positive test results must be reported to the Student Health Center immediately by sending an email to [studenthealthcenter@reinhardt.edu](mailto:studenthealthcenter@reinhardt.edu).

\*Fully vaccinated individuals and have received their booster shot DO NOT need to quarantine following an exposure but should wear a mask for 10 days after the exposure.

Vaccinated and boosted individuals should follow basic prevention measures and test 5 days after exposure.

- Wear a mask
- Social distance

- Avoid crowds
- Wash hands frequently

### **Fully Vaccinated but not Boosted Individuals – Close Contact Exposure**

For people who completed the primary series of Pfizer or Moderna vaccine over six months and not yet boosted or completed the primary series of J&J vaccine over 2 months ago and are not yet boosted must quarantine for 5 days. After that continue to wear a mask around others for an additional 5 days.

Such an individual is to be tested 5 days after exposure and to submit that test result to the Student Health Center at [studenthealthcenter@reinhardt.edu](mailto:studenthealthcenter@reinhardt.edu).

If an individual develops symptoms, they should get a test and isolate. Any symptoms or positive test results must be reported to the Student Health Center immediately by sending an email to [studenthealthcenter@reinhardt.edu](mailto:studenthealthcenter@reinhardt.edu).

Vaccinated individuals should follow basic prevention measures and test 5 days after exposure.

- Wear a mask
- Social distance
- Avoid crowds
- Wash hands frequently

### **Unvaccinated Individuals – Close Contact Exposure**

An individual who has had close contact exposure but is not fully vaccinated must self-quarantine away from campus for 5 days from the date of exposure followed by strict mask use for an additional 5 days.

In accordance with CDC and DPH guidelines, unvaccinated people who have been exposed to a positive case but don't exhibit symptoms should quarantine at home for 5 days with negative test (no earlier than Day 5) and monitor for symptoms

Such an individual is to be tested 5 days after exposure and to submit that test result to the Student Health Center at [studenthealthcenter@reinhardt.edu](mailto:studenthealthcenter@reinhardt.edu).

If an individual develops symptoms, they should get a test and isolate. Any symptoms or positive test results must be reported to the Student Health Center immediately by sending an email to [studenthealthcenter@reinhardt.edu](mailto:studenthealthcenter@reinhardt.edu).

### **During Quarantine**

Any individual in quarantine who develops symptoms or tests positive must report this information to the Student Health Center immediately by sending an email to [studenthealthcenter@reinhardt.edu](mailto:studenthealthcenter@reinhardt.edu).

### **Isolation for those who have Tested Positive for COVID-19**

Reinhardt University is required to temporarily remove from the campus any person who tests positive for COVID-19. A person who tested positive for COVID-19 may return to the campus:

- 1) after isolating for 5 days from the date of their positive test (if they are asymptomatic or never experienced symptoms), or at least 5 days have passed since the first appearance of any symptoms; AND
- 2) the person has gone at least 24 hours without a fever (without the use of fever-reducing medication); AND
- 3) the person's other symptoms of COVID-19 are improving (excluding loss of taste and smell).

Following their return to campus, they must wear a mask when around others for an additional 5 days.

### **Quarantine/Isolation Facility**

Smith-Johnston Hall has been set aside as the University's Quarantine/Isolation facility. Residential students who have extenuating circumstances (i.e.: from out of state, international or have a family member that is immunocompromised) may be permitted to quarantine/isolate in the isolation facility at the discretion of the SHC Staff.

### **Student Meals**

Meals will be provided by Metz for those residential students who are permitted to quarantine/isolate on campus within Smith-Johnston Hall due to COVID-19. Consent authorizing a Reinhardt University Residence Life employee to use the student's meal plan to purchase meals while in quarantine/isolation will be obtained from the student.

- Meals will be purchased through Campus Dining by designated Residence Life employees using the student's meal plan.
  - To-go-meals will be delivered outside of the student's residence Hall unit or the assigned isolation room within Smith-Johnston Hall.
  - Residence Life employees will leave the packaged food on the student's doormat.
  - Residence Life employees will leave the building and call or text the student their meal is on their doorstep. Employees must be > 6 feet from the student's door before calling.

### **Biohazard Waste**

- Prior to the arrival of student's assigned isolation room in Smith-Johnston Hall, the campus nurse will stock the unit with a biohazard box.
  - Students will be instructed to dispose all waste products in the designated receptacle in their unit.
- A biohazard box will be placed right outside the designated room for donning and doffing of personal protective equipment (PPE).
  - The campus nurse will place all used PPE in the biohazard boxes. Once the boxes are full, the boxes will be removed and disposed of properly.
- The campus nurse will be notified if additional biohazard boxes are needed for the student's isolation unit.
  - Additional biohazard boxes will be left on the student's doormat. The student will be called or texted after the nurse has left the designated hallway with additional biohazard boxes.

### **Personal Protective Equipment**

A supply of PPE will be stored outside the isolation room for donning and doffing. The supply will include:

- N-95 respirators
- Surgical masks
- Gloves
- Gowns
- Shoe covers
- Hair covers
- Goggles
- Alcohol sanitizer
- Disposable stethoscope
- Antibacterial Wipes

### **Service/Therapy Animals**

Service animals, as defined by the Americans with Disabilities Act of 1990, and all amendments thereto, including a guide or signal dog, or other animal individually trained to do work or perform tasks for the benefit of an individual with a disability.

- Reinhardt University Residence Life and Housing Operations-Service and Assistance Animal Guidelines are signed by the student resident, Assistant Director, Coordinator of Housing Operations before a service/therapy animal is brought on campus.
- The guidelines state, the cost of care, arrangements, and responsibilities for the well-being of a service/therapy animal are always the sole responsibility of the resident.
- The animal may not be left in the care of another resident while the resident is away.
- The resident is responsible for securing off-campus care and housing for their animal.

The Center for Disease Control recommends individuals requiring self-isolation should be advised to limit interaction with pets and other animals. Individuals who are symptomatic should maintain separation from pets as they would with other household members and avoid direct contact with pets, including petting, snuggling, being kissed or licked, and sharing food. The CDC states service animals should not be permitted to remain with their handlers.

If the student is unable to find a caregiver for their emotional support animal, the animal will be housed at a pet sitting facility at the owner's expense.

### **Student Health Center**

Reinhardt University Health Services will notify Cherokee County Health Department of all persons under investigation for a high-risk illness or who have tested positive for a reportable illness.

All students on self-monitoring, self-isolation or quarantine precautions will be asked to check their temperature daily.

- The student will report their temperature to the campus nurse daily.
- Communication about how the student feels, signs and symptoms of illness, and medication taken within the past 24 hours will be discussed daily with the campus nurse.
- Student will be provided with available resources for support including Reinhardt University Counseling Services and Reinhardt University Campus Ministries.
- Student will be informed that Reinhardt University Counseling Services and Reinhardt University Campus Ministries may reach out or conduct a follow up wellness check.

- The student will be provided with the information contained in this document and will be given parameters about contact with others.
- Retrieve the list of the infected student's classes and contact the Registrar to obtain names of contacts in those classes
- Track the infected student's activity and inform appropriate offices/services as necessary
- Contact those individuals who have had recent contact with the infected student

### **Dean of Students**

The Dean of Students/designee will take the following steps on behalf of COVID-19 infected students:

- Communicate with instructors regarding student absence and need for accommodations.
- Coordinate academic support to isolated students by referring them to Academic Support Office

### **Residence Life**

The Office of Residence Life will take the following steps on behalf of COVID-19 infected students:

- Facilitate preparation of "to go" meals with Metz (dining hall)
- Arrange for special custodial services as needed

### **Parent/Emergency Contact Notification**

The Dean of Students will determine, in coordination with Student Health Center, if the parent or emergency contact should be notified and if so, he/she will contact the parent or emergency contact as noted in the student's file.

### **Emergency Procedures**

- If a student in self-isolation or quarantine is unable to be reached at their designated check-in time with the campus nurse, the campus nurse will don PPE and knock on the student's door and identify themselves. If the student does not answer the door, Residence Life will be notified. The campus nurse will unlock the student's door and again announce themselves. A safety check will occur.
- If the student is experiencing a medical emergency, 911 will be called and Reinhardt University Emergency Procedures will be followed.

### **Outside Communication**

- Reinhardt University will, without delay, and taking into account the safety of the community, determine the content of the notification and initiate the notification system, unless issuing a notification will, in the professional judgment of responsible authorities, compromise efforts to assist a victim or to contain, respond to, or otherwise mitigate the emergency.
- The Director of Communications and Marketing will be notified as soon as possible of the emergency notification issued to the campus community to coordinate release of consistent information through all university communication mediums. Notices to be posted on the University website ([www.reinhardt.edu](http://www.reinhardt.edu)) and Reinhardt University's official social media networks will be provided to the Director of Communications and Marketing.

### **Student Cleared from Self-Monitoring, Self-isolation or Quarantine**

Staff from the Student Health Center will make the determination when to clear students from Self-Monitoring, Self-Isolation or Quarantine.

- CDC guidelines for each infectious disease will be used to determine when the student is no longer considered contagious.
- Students may be cleared from self-monitoring or self-isolation once they complete their 14-day observation period and have no more signs and symptoms of infection without the use of medication.
- All departments should be notified that the student is leaving their assigned Residence Hall unit.
  - Residence Life Staffs
  - Metz
  - National
  - Campus Nurse
  - Campus Counselor
  - Campus Pastor
  - Dean of Students

### **Procedures for Cleaning Infectious Disease Patient Care Areas**

Cleaning and disinfecting environmental surfaces are important components of infection prevention and control in healthcare/living facilities. Cleaning and disinfecting procedures, use of personal protective equipment (PPE) and medical waste disposal procedures are dependent on the scope and nature of the infectious disease or disease outbreak. Proper procedures and guidance will be advised by SHS, CDC.

### **Definitions**

- **Self-observation** means people should remain alert for subjective fever, cough, or difficulty breathing. If they feel feverish or develop cough or difficulty breathing during the self-observation period, they should take their temperature, limit contact with others, and seek health advice by telephone from a healthcare provider or their local health department to determine whether medical evaluation is needed.
- **Self-monitoring** means people should monitor themselves for fever by taking their temperatures twice a day and remain alert for cough or difficulty breathing. Anyone on self-monitoring should be provided a plan for whom to contact if they develop fever, cough, or difficulty breathing during the self-monitoring period to determine whether medical evaluation is needed.
- **Self-monitoring with delegated supervision** means, for certain occupational groups (e.g., some healthcare or laboratory personnel, airline crew members), self-monitoring with oversight by the appropriate occupational health or infection control program in coordination with the health department of jurisdiction. The occupational health or infection control personnel for the employing organization should establish points of contact between the organization, the self-monitoring personnel, and the local or state health departments with jurisdiction for the location where self-monitoring personnel will be during the self-monitoring period. This communication should result in agreement on a plan for medical evaluation of personnel who develop fever, cough, or difficulty breathing during the self-monitoring period. The plan should include instructions for notifying occupational health and the local public health authority, and transportation arrangements to a pre-designated

hospital, if medically necessary, with advance notice if fever, cough, or difficulty breathing occur. The supervising organization should remain in contact with personnel through the self-monitoring period to oversee self-monitoring activities.

- **Self-monitoring with public health supervision** means public health authorities assume the responsibility for oversight of self-monitoring for certain groups of people. CDC recommends that health departments establish initial communication with these people, provide a plan for self-monitoring and clear instructions for notifying the health department before the person seeks health care if they develop fever, cough, or difficulty breathing, and as resources allow, check in intermittently with these people over the course of the self-monitoring period. If travelers for whom public health supervision is recommended are identified at a US port of entry, CDC will notify state and territorial health departments with jurisdiction for the travelers' final destinations.
- **Active monitoring** means that the state or local public health authority assumes responsibility for establishing regular communication with potentially exposed people to assess for the presence of fever, cough, or difficulty breathing. For people with high-risk exposures, CDC recommends this communication occurs at least once each day. The mode of communication can be determined by the state or local public health authority and may include telephone calls or any electronic or internet-based means of communication.
- **Public health orders** are legally enforceable directives issued under the authority of a relevant federal, state, or local entity that, when applied to a person or group, may place restrictions on the activities undertaken by that person or group, potentially including movement restrictions or a requirement for monitoring by a public health authority, for the purposes of protecting the public's health. Federal, state, or local public health orders may be issued to enforce isolation, quarantine or conditional release. The list of [quarantinable communicable diseases](#) for which federal public health orders are authorized is defined by Executive Order and includes "severe acute respiratory syndromes." COVID-19 meets the definition for "severe acute respiratory syndromes" as set forth in Executive Order 13295, as amended by Executive Order 13375 and 13674, and, therefore, is a federally quarantinable communicable disease.
- **Isolation** means the separation of a person or group of people known or reasonably believed to be infected with a communicable disease and potentially infectious from those who are not infected to prevent spread of the communicable disease. Isolation for public health purposes may be voluntary or compelled by federal, state, or local public health order.
- **Quarantine** in general means the separation of a person or group of people reasonably believed to have been exposed to a communicable disease but not yet symptomatic, from others who have not been so exposed, to prevent the possible spread of the communicable disease.
- **Conditional release** defines a set of legally enforceable conditions under which a person may be released from more stringent public health movement restrictions, such as quarantine in a secure facility. These conditions may include public health supervision through in-person visits by a health official or designee, telephone, or any electronic or internet-based means of communication as determined by the CDC Director or state or local health authority. A conditional release order may also place limits on travel or require restriction of a person's movement outside their home.
- **Controlled travel** involves exclusion from long-distance commercial conveyances (e.g., aircraft, ship, train, bus). For people subject to active monitoring, any long-distance travel

should be coordinated with public health authorities to ensure uninterrupted monitoring. Air travel is not allowed by commercial flight but may occur via approved noncommercial air transport. CDC may use public health orders or federal public health travel restrictions to enforce controlled travel. CDC also has the authority to issue travel permits to define the conditions of interstate travel within the United States for people under certain public health orders or if other conditions are met.

- **Congregate settings** are public places where close contact with others may occur. Congregate settings include settings such as shopping centers, movie theaters, stadiums, workplaces, and schools and other classroom settings.
- **Social distancing** means remaining out of congregate settings, avoiding local public transportation (e.g., bus, subway, taxi, ride share), and maintaining distance (approximately 6 feet or 2 meters) from others. If social distancing is recommended, presence in congregate settings or use of local public transportation should only occur with approval of local or state health authorities.

## References

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# HIPAA AUTHORIZATION FOR USE OR DISCLOSURE OF HEALTH INFORMATION

This form is for use when such authorization is required and complies with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) Privacy Standards.

Print Name of Patient: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ SSN: \_\_\_\_\_

## I. My Authorization

I authorize the following using or disclosing party:

\_\_\_\_\_

to use or disclose the following health information.

- All of my health information

- My health information relating to the following treatment or condition:

\_\_\_\_\_

- My health information covering the period from \_\_\_\_\_ (date) to \_\_\_\_\_ (date)

- Other: \_\_\_\_\_

The above party may disclose this health information to the following recipient:

Name (or title) and organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_

The purpose of this authorization is (check all that apply):

- At my request

- Other: \_\_\_\_\_

- To authorize the using or disclosing party to communicate with me for marketing purposes when they receive payment from a third party to do so.

- To authorize the using or disclosing party to sell my health information. I understand that the seller will receive compensation for my health information and will stop any future sales if I revoke this authorization.

This authorization ends:

- On (date) \_\_\_\_\_

- When the following event occurs: \_\_\_\_\_

**II. My Rights**

I understand that I have the right to revoke this authorization, in writing, at any time, except where uses or disclosures have already been made based upon my original permission. I may not be able to revoke this authorization if its purpose was to obtain insurance. In order to revoke this authorization, I must do so in writing and send it to the appropriate disclosing party.

I understand that uses and disclosures already made based upon my original permission cannot be taken back.

I understand that it is possible that information used or disclosed with my permission may be re-disclosed by the recipient and is no longer protected by the HIPAA Privacy Standards.

I understand that treatment by any party may not be conditioned upon my signing of this authorization (unless treatment is sought only to create health information for a third party or to take part in a research study) and that I may have the right to refuse to sign this authorization.

I will receive a copy of this authorization after I have signed it. A copy of this authorization is as valid as the original.

**Signature of Patient:** \_\_\_\_\_

Date: \_\_\_\_\_

**If the patient is a minor or unable to sign, please complete the following:**

- Patient is a minor: \_\_\_\_\_ years of age
- Patient is unable to sign because: \_\_\_\_\_

**Signature of Authorized Representative:** \_\_\_\_\_

Date: \_\_\_\_\_

Print Name of Authorized Representative: \_\_\_\_\_

Authority of representative to sign on behalf of the patient: \_\_\_\_\_  
 - Parent    - Legal Guardian    - Court Order    - Other: \_\_\_\_\_